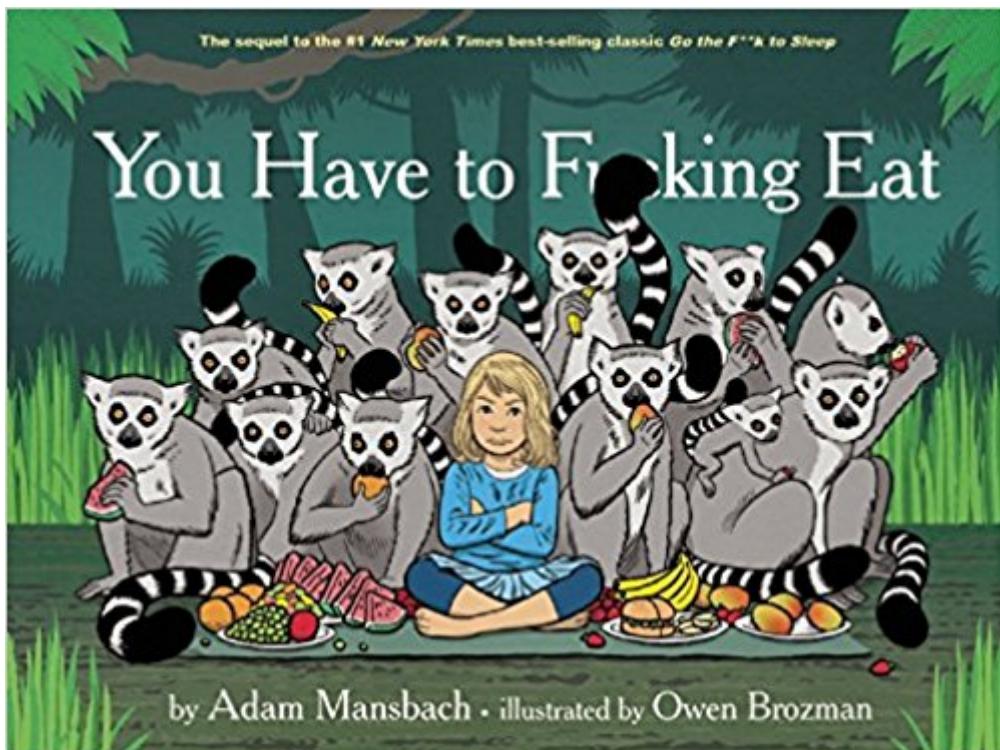


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# You Have To F\*\*\*\*g Eat



## Synopsis

A New York Times Best SellerOne of BookRiot's Must-Read Books from Indie Presses for 2014One of Flavorwire's 50 Best Independent Fiction and Poetry Books of 2014"You Have to F\*\*\*ing Eat makes parents of picky eaters smile."--TODAY Parents"Adam Mansbach...will delight exhausted and exasperated parents everywhere for a second time with You Have to F\*\*king Eat--another children's book that is most definitely not for children."--Entertainment Weekly"An equally hilarious ode to kids at the table."--Huffington Post"Parents, Adam Mansbach gets you. He understood that sometimes your kids just won't go the f\*\*k to sleep. And, in his new foulmouthed bedtime book for parents out Wednesday, he understands that sometimes they just won't f\*\*king eat. And he knows, well, it's really f\*\*king annoying. So how about some f\*\*king comic relief?"--GQ"A likeable variation on a universal f\*\*\*ing theme."--Kirkus Reviews"A hilarious sendup of the eternal fight between kids and their parents over what to eat and when--if at all."--New York Journal of Books"If you're a frustrated parent with a picky child, or even just one who appreciates 'deranged' humor, especially humor that rhymes, this is a terrific read for you...Parents will enjoy a good chuckle and subtle reminder that everything is better, including parenthood, if tackled with a little bit of humor."--San Francisco Book Review"You Have to F\*\*king Eat, Sequel to Go the F\*\*k to Sleep, Is Finally F\*\*king Coming...It will arrive just in time to gift it to your brother-in-law, who, upon unwrapping it, will clutch it immediately to his chest and shake his head furiously at his waist-high daughter as she claws at him with her chewed up nails. 'No, no, it's not for you,' he'll say, laughing and crying at the same time."--Flavorwire"An uproarious spoof of bedtime board books."--San Francisco Chronicle"A 21st-century bedtime story for the ages (and all ages) if there ever was one."--Bay Area Reporter"Parents, when your precious angel rips you from your three hours of sleep to demand food that he won't actually eat, you'll want this f'ing book."--Mashable"forthcoming new book by genius funnyman Adam Mansbach."--BoingBoing"Adam Mansbach freely, fabulously curses out the uncensored truth; Brozman makes sure you'll recognize your irresistible, equitably diverse mini-mes with those all-too-familiar expressions, from utter disdain to overwhelming trust and every little eyeball roll in between."--BookDragon/Smithsonian Asian Pacific American Center"If your kid has never presented you with some new mind-boggling preference at mealtime, I suspect you're lying."--Persephone Magazine"This book is genius. It is what every parent is thinking when their child refuses dinner."--Old School/New School Mom"With this soon-to-be crude classic, Adam Mansbach has nailed it with his undeniable animal/child comparisons all cozily complimented by Owen Brozman's humorous illustration--we dare you not to giggle into your eggnog."--Curious Mom"Illustrations are just as enjoyable and the narrative again paints the perfect picture."--Roundtable ReviewsFrom the

author of the international best seller Go the F\*\*\* to Sleep comes a long-awaited sequel about the other great parental frustration: getting your little angel to eat something that even vaguely resembles a normal meal. Profane, loving, and deeply cathartic, You Have to F\*\*\*ing Eat breaks the code of child-rearing silence, giving moms and dads new, old, grand- and expectant, a much-needed chance to laugh about a universal problem. A perfect gift book like the smash hit Go the F\*\*\* to Sleep (over 1.5 million copies sold worldwide!), You Have to F\*\*\*ing Eat perfectly captures Mansbach's trademark humor, which is simultaneously affectionate and radically honest. You probably shouldn't read it to your kids, so there's a kid-friendly version, Seriously, You Have to Eat.

## **Book Information**

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## **Customer Reviews**

"You Have to F\*\*king Eat just begs to be given as a gift."--What The Flicka"A great parent poem that all who deal with kids at meal time will appreciate."--Maria's Space"What's great about this book is the juxtaposition between the profane text and the idyllic illustrations."--I've Read This"I'm so happy to have this book in my collection. I won't hesitate to make anyone who sits at my table for a meal read this before they eat!"--The Reading Vixens"Get a copy today. And grab one for your friend whose kid will only eat foods that are white. They will thank you."--Absolute Mommy"Manbach's offering is so simple that it's genius...Eat already has bestseller written all over it."--Yummy Mummy Club

Adam Mansbach is the author of the #1 international bestseller Go the F\*\*\* to Sleep, as well as the

novels *Rage Is Back*, *Angry Black White Boy*, *The Dead Run*, and *The End of the Jews*, winner of the California Book Award. He has written for the *New Yorker*, the *New York Times*, *Esquire*, the *Believer*, and National Public Radio's *All Things Considered*. His daughter Vivien is not as picky about food as she used to be. Owen Brozman has illustrated for *National Geographic*, *Time Out New York*, *Scholastic*, *Ninja Tune*, *Definitive Jux Records*, and numerous other clients. He and Mansbach's previous collaboration is the acclaimed graphic novel *Nature of the Beast*, and his work has been recognized by the Society of Illustrators of Los Angeles, *Creative Quarterly Journal*, *3X3 Magazine*, and many more. He lives in Brooklyn with his wife and daughter, whose favorite food is bananas.

The follow up to the Samuel L Jackson narrated "Go the F\*\*\* to Sleep", *You Have to F--king Eat*, narrated by Breaking Bad's Bryan Cranston has completed the narration of my entire evening (3.5 & 5 yr old boys) by two of the best cursers known to man. If only we could 3rd and 4th books in the series (get in your car seat, don't run into the street) narrated by Al Pacino and Christopher Walken to cover the rest of my week.

I feel like this guy lives with me. I have two kids. One won't sleep, one won't eat. This is another instant classic in our house.

If you are a fan of Adam Mansbach's *Go the F\*\*\* to sleep* and its accompanying audio book narrated by Samuel L. Jackson, then you will probably love this book. Written and drawn in the style of a children's book, *You Have to F\*\*\*\*\* Eat* addresses to age old battle fought between child and parent at meal time. Imagine *Good Night Moon* or *Where the Wild Things Are* if they were written by a foul-mouthed sailor. The language is raw, but the tone and "story" are pitch perfect. As I stated in my review of *Go The F\*\*\* to Sleep*, avoid this book if you are easily offended. I took a star off because this is Adam Mansbach's second children's book parody and I felt like it rehashed the original book's formula without breaking much new comedic territory.

This book is absolutely hilarious! It is not meant for children, but you can edit it as reading it so it can be a children's book. The pictures are funny, the situations can be related to, and the book is overall really funny. This book should be read by all parents who have a picky eater. My son pulls the same stuff kids do in this book. The page where the kid refuses to eat pancakes because he suddenly hates them, when they used to be his favorite, and the parent told him he's full of \*\*\*\* and to stop

lying made me laugh. My son will love something one day, and then claim to hate it the next. This would be a great gift to anyone that has a toddler, or anyone who has a kid that can be a jerk about eating ;)

This book is funny. It's worth a purchase for yourself or a friend who has a kid that's anywhere between 6 months and 4 years. The rhymes are solid. The sentiment is accurate. My entire diet on some days is made of the stuff my daughter doesn't eat. Anyone who's fed a kid will appreciate reading it twice. Only toddlers and the insane read books more than twice, but this is one you'll still enjoy on the second read.

This book is funny and has a cute narrative of a parent talking to their fussy child about the need to eat. A story every parent can relate to when they get frustrated with a picky eater. The color illustrations are wonderful. Hide this on the book shelf until the kids get older though, since the language is profain.

This picture book needs kept out of the hands of children old enough to read, surely, but is a great comic relief to anyone struggling with the frustrating day to day of feeding a picky eater! Laughter through the chaos!

This satire book is so wonderful, it should be included in every first time mother's baby shower. This book makes you laugh with the truth of the situation when trying to make a fussy kid eat. As a parent and a grand parent, I can attest that all kids go through a phase where they simply will not eat. This book is for everyone and I don't care if you swear or not... hilarious!

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Summary - Eat Fat Get Thin: By Mark Hyman - Why the Fat We Eat Is the Key to Sustained Weight Loss... (Eat Fat, Get Thin: A Complete Summary - Book, Paperback, Audiobook, Audible, Hardcover,) Weight Loss: INTERMITTENT FASTING: Eat Stop and Eat (lose Weight Eat to Live Healthy Diet Plans Fat Burning Success Weight Loss) (Beginner's Guide) Could Have, Would Have, Should Have: Inside the World of the Art Collector Eat What You Love, Love What You Eat with Diabetes: A Mindful Eating Program for Thriving with Prediabetes or Diabetes 500 Low Glycemic Index Recipes: Fight Diabetes and Heart Disease, Lose Weight and Have Optimum Energy with Recipes That Let You Eat the Foods You Enjoy Do You Have What it Takes to Survive in Feature Film Production?: The Construction Department (Do You Have What it Takes to Survive in Film

Production? Book 3) The 7 Things You Absolutely Have to Know About Banana Slugs (The 7 Things You Absolutely Have to Know Series) (Volume 1) Low-Fodmap and Vegan: What to Eat When You Can't Eat Anything Adam Mansbach – Go the F\*\*k to Sleep and You Have to F\*\*king Eat 2-in-1 Collection You Have to F--king Eat You Have to F\*\*\*\*\*g Eat Before Your Dog Can Eat Your Homework, First You Have to Do It: Life Lessons from a Wise Old Dog to a Young Boy Tell Me What to Eat If I Have Irritable Bowel Syndrome, Revised Edition: Nutrition You Can Live With Tell Me What to Eat If I Have Irritable Bowel Syndrome: Nutrition You Can Live With 70 Things to Eat When You Have IBS and 36 Foods That Can CAUSE Irritable Bowel Syndrome How to have an amazing sex life with herpes: What you need to learn so you can feel sexy & attractive without herpes holding you back from enjoying intimacy. (Guides Book 4) You Are Not So Smart: Why You Have Too Many Friends on Facebook, Why Your Memory Is Mostly Fiction, and 46 Other Ways You're Deluding Yourself The Life-Changing Magic of Not Giving a F\*ck: How to Stop Spending Time You Don't Have with People You Don't Like Doing Things You Don't Want to Do The Life-Changing Magic of Not Giving a F\*ck: How to Stop Spending Time You Don't Have with People You Don't Like Doing Things You Don't Want to Do (A No F\*cks Given Guide) You Are Not So Smart: Why You Have Too Many Friends on Facebook, Why Your Memory Is Mostly Fiction, and 46 Other Ways You're Deluding Yourself

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